



Thank you for your interest in applying for a scholarship to join the Vermont Care Partners Mental Health First Aid training team!

Vermont Care Partners has led Mental Health First Aid in Vermont for 14 years. With the ongoing expansion of interest in Mental Health Literacy programming, we are excited to expand our training team and the capacity of Vermont organizations interested in offering these courses to their communities. Instructors are invited to find classes to submit for approval and work with Vermont Care Partners to be assigned courses in their regions.

We are currently accepting applications for Youth, Teen, and Adult Mental Health First Aid trainers to work in specific parts of Vermont and statewide. There is a priority for instructors in Bennington, Caledonia, Chittenden, Rutland, Washington, and Wyndham counties.

Please read on to learn more about how to prepare for the application and what to expect if you are invited to join our instructor team.

- Once received, we will confirm receipt of your application within 48 hours and contact you to set up an interview or to let you know you will be placed in our files for future opportunities.
- This is a rolling and ongoing application process throughout the Fall of 2024.
- If you are granted a scholarship after the interview, you must provide your community-level certification for the course you have been invited to teach. We can help you find a class to attend if you still need to obtain this.
- We will then work directly with you to support scheduling the national online teacher training.

Accepting the opportunity will require signing a Memorandum of Understanding (MOU) and providing certain business documents, such as confirmation of business insurance and an agreement to submit background checks for working with schools. We will adjust this process slightly for people employed by an organization by receiving the organization's documents and by receiving these documents directly from independent contractors.

As a representative of Vermont Care Partners, you must adhere to our VCP MHFA Vermont Instructor Guidelines, which will be provided along with the MOU and compensation guidelines for review. The MOU will include an agreement to teach up to three classes for VCP a year, contingent upon completing one mentored class with a leading VCP instructor. This mentorship will be scheduled after you have completed your national training. Compensation details will be provided along with the MOU.



**Mental Health
FIRST AID**

from NATIONAL COUNCIL FOR
MENTAL WELLBEING

To ensure you have the best support once you have joined the team, you are invited and encouraged to attend monthly team meetings and 1:1s when possible for ongoing technical assistance, community, and professional development opportunities.

Please note that the National Council for Mental Wellbeing MHFA has strict guidelines for fidelity standards for training from the national office. These include, yet are not limited to, teaching three courses a year to keep certification, following the intellectual property rules in relation to the content, and other items you will learn about in your instructor training.

If you have more questions, please contact Sunny Naughton, our Mental Health First Aid Consultant and one of Vermont's leading trainers, at mhfa@sunshinesilverlining.com.

Thank you for your interest! Please learn more about what to include in your cover letter and resume below. Please send all materials to mhfa@sunshinesilverlining.com

- Name
- Address
- Best Contact Email
- Best Contact Phone
- Applicable teaching and facilitation skills
- Three references
- What counties are you available to teach in person in Vermont?
- Are you comfortable leading a virtual MHFA class and/or would you benefit from a virtual learning tutorial?
- Please include whether you hold any other MHFA certifications to teach and if you have taken a community-level youth or adult course.
- If completing this training as part of your work with an organization, please indicate which organization you are affiliated with and that your organization has approved this work.